

When can I return to work or school if I have tested positive for the flu?

If you have tested **POSITIVE FOR THE FLU** and have **SYMPTOMS**

You may return to work or school when you are:



DAYS from the date symptoms began

AND



HOURS fever* free without the use of fever-reducing medications

**Temperature of 100 degrees Fahrenheit or 37.8 degrees Celsius or higher)*

If you have been in **CLOSE CONTACT** with someone who tested **POSITIVE** for the flu:

You may go to work or school if you are well. If symptoms occur **DO NOT** go to work or school.



STAY HOME IF YOU ARE SICK!

An important way to reduce the spread of flu is to keep sick people away from those who are not sick. If you have flu symptoms you should stay home.



The best protection against the flu is to get vaccinated.

To find a flu vaccine near you visit: www.vaccines.gov

Resources:

<https://www.cdc.gov/flu/business/stay-home-when-sick.htm>



Kentucky Public Health
Prevent. Promote. Protect.